

Cocopah Times Newsletter

COCOPAH INDIAN TRIBE

MARCH 2017 ISSUE

Tribal Phone Directory

ADAPP	627-2161
Cocopah Casino	726-8066
Cocopah Korner	341-1444
Cocopah Resort	722-6677
Cocopah Speedway	344-1563
Cocopah Wellness	627-2681
Community Center	627-5658
Cultural Resources	627-4849
CVT	627-8026
Daycare	627-3729
Education	627-4973
Elderly Program	627-4166
EPO Director x.7454	627-2025
Head Start	627-3197
Housing	627-8863
IHS 1(800) 862- 4911	
Judicial	627-2550
Museum	627-1992
Manpower	627-0616
Pesticide x.7455	627-2025
Prosecutor x.7452	627-2025
Public Works	627-0616
Purchasing x.7448	627-2025
Resort Gift Shop	217-1068
Rio Colorado Golf	627-0057
RV Park	343-9300
Social Services	627-3729
Title VI/XX	627-1148
Tribal Gaming	217-7718
Tribal Headquarters	627-2102
Tribal Police	627-8857
Wild River	627-0980
Youth Home	627-1298

CONGRATULATIONS

Benjamin Miller & Daisy Miller

The new Cocopah Head Start
Reigning Penny Prince and Princess.

2016-2017 School Year



COCOPAH VOCATIONAL TRAINING CENTER



Cocopah Indian Tribe Cocopah Vocational Training Center

Out of School?

(High School Graduated, GED or Student Drop Out)
CVT Can Help!!!

Are you: Between the ages of 16-24? Looking for Education?

Join the WIOA (Workforce Innovation and Opportunity Act)
Program Out of School Youth Program

Eligible Youth will receive:

Enrollment in GED Program
Assistance in getting back to High School
Vocational Training (Need H.S. or GED to qualify)
Incentives , Support Services, Guidance Counseling

Please contact Sandy L. Johnson or Diana A. Navarro to schedule your appointment at
(928) 627-8026.

Equal Employment Opportunity Employer/Program.

Auxiliary aids and services are available upon request to individuals with disabilities.

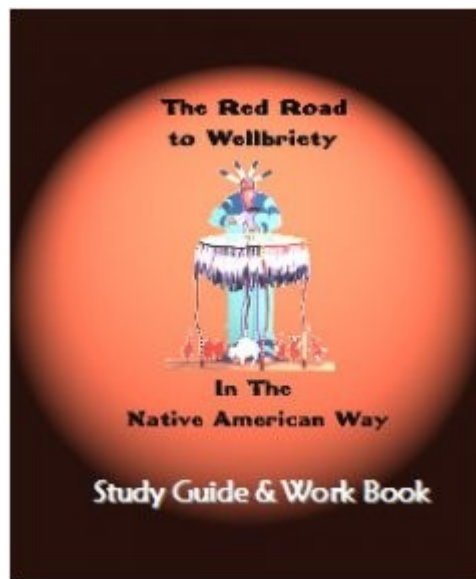
TTY #(928) 329-6466



ADAPP ANNOUNCEMENT

Cocopah ADAPP Program

Offering to all.
A Program to enhance our Community's
Growth and Recovery:
Monday and Wednesday 2:00 to 3:00 PM Building 5#.
The Red Road to Wellbriety.



This is the Companion Study Guide & Workbook for the book *The Red Road to Wellbriety*. *Is Free to all Tribal Members Their Families and Individuals who would like to participate.*

The Red Road to Wellbriety is a book of healing that is culture-specific to Native Americans, but it may be used by all people. The book includes 12 chapters of cultural information about healing from alcoholism and addictions, including "how-to" information about working the 12 Steps in a Native way. *The Red Road to Wellbriety* also offers 17 personal recovery stories from Native Americans and others who have used Native culture or a Medicine Wheel and the 12 Steps approach to their own recovery from alcohol and other drugs.

The book also features chapters on healing from ACOA (Adult Children of Alcoholics) behavior, and co-dependency, as well as chapters on strengthening the family and community. *The Red Road to Wellbriety* is a stand-alone book or it may be used as a companion to White Bison's Medicine Wheel and the 12 Steps programs for women and for men. It can also be used as a hands-on book for White Bison's community-based Firestarter's Healing and Wellbriety Programs.

For Inquiry into the Wellbriety Program please Contact the Program Director: Perry M. Thompson at 928-627-2161

COCOPAH VOCATIONAL TRAINING CENTER

MARCH 2017

Training for Success!

If you need transportation for GED Classes please contact our office!



14515 S. Veterans Drive

Phone: 928-627-8026/8027

Fax: 928-627-2510

SUN	MON	TUES	WED	THURS	FRI	SAT
			1 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	2 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	3 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	4
5	6 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	7 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	8 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	9 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	10 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	11
12	13 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	14 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	15 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	16 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	17 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	18
19	20 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	21 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	22 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	23 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	24 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	25
26	27 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	28 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	29 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	30 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	31 B.I.A., N.E.W. & W.I.O.A. Intakes by Appointment	

ANNOUNCEMENTS



**The Elders Meeting
for March has been cancelled.**

**For any questions
please call
(928) 627-1992**

Tribal Warm Line

- WHAT?** The Tribal Warm Line (TWL) is a Cenpatico peer support service, run by NurseWise (Cenpatico's crisis line provider). The TWL provides no cost over-the-phone support to American Indian community members and is staffed by Tribal Support Partners (TSPs) who are tribal members living in their own communities.
- WHY?** Community members can call for many reasons, including emotional support, relationship issues, anxiety, depression and referrals to community services/resources.
- WHEN?** Tribal members can call anytime. If a TSP is not available, the call will be answered by the Cenpatico Crisis Line and plans can be made for a return call from a TSP.
- WHO?** American Indian community members located in Cenpatico service areas or any Tribal Nation served by Cenpatico (see other side).

 **1-855-728-8630** 



*Always be proud of your heritage
but never too proud to ask for help.*

Call TWL: 1-855-728-8630

Need someone to talk to? Feeling down? Need help?

**CONFIDENTIAL, NO COST
HELP IS AVAILABLE.**

Serving the following Counties & Tribal Nations:
Cochise, Graham, Greenlee, La Paz, Pinal, Pima, Santa Cruz, Yuma,
Ak-chin Indian Community, Cocopah Indian Tribe, Colorado River
Indian Tribes, Quechan Indian Tribe, San Carlos Apache Tribe,
Tohono O'odham Nation.

 Cenpatico Integrated Care (Cenpatico IC) services are
funded through a contract with AHCCCS. 

MARK YOUR CALENDARS



COMING APRIL 7!

SPRINT CARS • MODIFIEDS



County 15th St. & US Hwy 95, Somerton, AZ

WWW.COCOPAHSPPEEDWAY.COM

ELDERS LUNCH MENU MARCH 2017



Nutrition Program Lunches Provided Monday—Friday

Title VI/XX @ 627-1148

*** Menu may be substituted due to shortages of needed items.**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Turkey sandwich, tomatoes-lettuce	2 Salisbury Steak, mashed potatoes, and green beans	3 Southwest Salad
6 Squash and Cheese Casserole	7 Enchiladas and steamed vegetables	8 Tuna Salad and crackers	9 Lima Beans Ham	10 B.L.T Salad
13 Roasted Chicken Breast, Rice and mix Vegetables	14 Meatloaf, Green Beans, and dinner roll	15 Ham Sandwich, Lettuce, Tomatoes, and Celery	16 Turkey-Wild Rice Soup	17 Cobb Salad
20 Beef Macaroni, corn, green beans, and dinner roll	21 Chicken Pasta Toss	22 Potato Soup Crackers	23 Pork Loin- Stuffing, peas and carrots	24 Chef Salad
27 Fiesta Rice, Mix bell peppers, onions, and corn	28 Beef Stew – Celery, carrots, onions, cilantro, potatoes	29 Bean and Cheese Burrito- Fresh Salsa	30 Meatball Soup Crackers	31 Primavera Salad

SAN DIEGO HISTORY CENTER



COLORADO RIVER INDIAN TRIBES PRESENTS

MEGA

THROW XIII

AHA KHAV TRIBAL PRESERVE- COLORADO RIVER INDIAN RESERVATION-PARKER ARIZONA.
MOHAVE ROAD TURN ON TO RODEO ROAD- SEE MAP

MARCH 17 & 18, 2017

25% OFF SALE

Jackets & Silver Jewelry



Cocopah Museum Gift Shop

COCOPAH SPECIAL WISHES



Happy 1st Birthday to the Princess Alani Shaw'ol Phillips. You are most definitely a precious little girl and I am so happy to have you in our lives. We love you so much, Auntie, Uncle, Goo Goo, Lane, Annie, and Blue.



*sometimes the smallest things
take up the most room
in your heart.*



Happy Birthday Marjorie! We hope that you have a great day, and a wonderful rest of the month! The Museum.

Cocopah Newsletter Submission Form

The last day you can submit any information for the April Issue is: **Friday, March 24th by 5:00 p.m.** Any late submissions will be added in the next month's newsletter. Community, Tribal departments and local events submissions are welcomed. We reserve the right to edit all submissions for length, language, multiple submissions, clarity or reject inappropriate submissions. You can complete this Submission Form which includes your name, date, and a contact phone number. Please fax or email us (museum@cocopah.com) with all information

Name: _____ Phone Number: _____

Message: _____
