



Cocopah Times Newsletter

Tribal Phone Directory

COCOPAH INDIAN TRIBE

JUNE 2015 ISSUE

ADAPP	627- 2161
Children's Home	627- 1298
Cocopah Casino	726- 8066
Cocopah Korner	341-1444
Cocopah Resort	722-6677
Cocopah Speedway	344-1563
Cocopah Wellness	627- 2681
Community Center	627- 5658
Cultural Resources	627- 4849
CVT	627- 8026
Daycare	627- 3729
Education	627- 4973
Elderly Program	627- 4166
EPO Director ext.13	627- 2025
EPO Tech ext15/16	627- 2025
Head Start	627-3197
Housing	627- 8863
IHS 1(800) 862- 4911	
Judicial	627- 2550
Museum	627- 1992
Manpower	627- 0616
Native Eatery	217-1001
Pesticide ext. 14	627- 2025
PHEP/CTERC ext.12	627-2025
Prosecutor ext. 17	627- 2025
Assistant ext. 18	627- 2025
Public Works	627- 0616
Purchasing ext.11	627- 2025
Assistant ext. 10	627- 2025
Resort Gift Shop	217-1068
Rio Colorado Golf	627- 0057
RV Park	343- 9300
Social Services	627- 3729
Title VI/XX	627- 1148
Tribal Gaming	217- 7718
Tribal Headquarters	627- 2102
Tribal Police	627- 8857
Wild River	627- 0980



SENIOR GAMES 2015

This year's 14th Annual Senior Games were held at the Q-Casino. Tribes from different parts of Arizona and California came to compete in the games. Among the games were the paper toss, ring toss, ummpa lummpa, stackers', basketball throw and chair volleyball, along with different obstacle courses that were set up among the other games. Each tribe competed for a chance to win a medal. The elders' had a lot of fun and got some good exercise as well. "Good job to the elders' who participated this year."





EVENTS

INDIGENOUS PERSPECTIVES ON SUSTAINABLE WATER PRACTICES

THE UNIVERSITY OF ARIZONA
 College of Agriculture & Life Sciences
 Cooperative Extension





WRRRC
ANNUAL CONFERENCE
2015

wrrc.arizona.edu

Keynote Speakers



Harry Walters
Navajo historian, archaeologist, and founder of the Navajo Community College Historical Museum



John Echohawk
A Native American attorney and founder of the Native American Rights Fund (NARF)



Ofelia Zepeda
Renowned Native American poet and linguist (Tohono O'odham)

David DeJong (Not pictured)

A Historian of the Pima Culture and author of *Forced to Abandon our Fields: The 1914 Clay Southworth Gila River Pima Interviews*

Water Resources Research Center Annual Conference

Hosted in Partnership with the Gila River Indian Community

JUNE 9-10, 2015

Wild Horse Pass Hotel & Casino
5040 West Wild Horse Pass Road
Chandler, AZ 85226

PRICING

Early Bird Regular	\$175.00
Regular (after Monday, May 11)	\$195.00
Early Bird Student	\$75.00
Student (after Monday, May 11)	\$95.00

HOW TO REGISTER

wrrc.arizona.edu/WRRC-conference-2015/register



18th Annual

POW-WOW IN THE PINES

June 6 & 7, 2015

Hon-Dah Festival Grounds




**Social Dance on
Friday June 5th, 2015**

White Mountains, AZ • 928.369.0299 • 3 Miles South of Pinetop, AZ

ANNOUNCEMENTS



Calling all Cocopah people that want to learn their language

"Adults Only, 15 years and up!"



Cocopah language classes are starting Monday, June 1, 2015

WHEN: EVERY MONDAY AND WEDNESDAY FROM 6:00 -7:00 PM
 LOCATION: COMMUNITY CENTER

"Workbook & pencil will be provided!"
 For more information, contact 928-722-7523



"SPECIAL NOTICE"

TO ALL COCOPAH TRIBAL MEMBERS

IF YOU DID NOT RECEIVE YOUR 2015 COCOPAH CALENDAR DELIVERED TO YOUR HOME

CONTACT, ROXANNE SAN DIEGO IN THE ENROLLEMENT DEPARTMENT AT 627 2102 EXT. 7427 TO OBTAIN YOUR CALENDAR

NINTH ANNUAL SYCUAN TRADITIONAL GATHERING

Ipai-Tipai Mataayum

SYCUAN RESERVATION • SATURDAY, JUNE 27, 2015

Event Schedule

- 11:00AM - 1:00PM - REGISTRATION
- 12:00PM - HOSTED LUNCH
- 1:00PM - NATIVE BABY PAGEANT
- 1:30PM - P'SHOOK
- 2:00PM - HORSE SHOE TOURNAMENT
- 5:00PM - BIRD DANCING CONTEST

PEON AT DUSK

\$25,000 IN CASH & PRIZES

For more Bird Singing/Dancing Contest Information, please contact Charlene Worrell | Mike Worrell at 619.445.2613
 For more event information, arts & crafts, and food vendor booths, please contact Queen at 619.445.9723 or by email, "traditionalgathering@sycuan-nsn.gov"

DRUGS, ALCOHOL AND FIREARMS ARE NOT PERMITTED NEAR OR ON THE GATHERING GROUNDS.

"Choose to Live Healthy"

The Regional Center for Border Health is helping the Somerton and Cocopah communities make healthy choices by bringing fresh fruits and vegetables to the neighborhood.



The RCBH Farmer's Market on Wheels operates Monday to Friday 8:30 a.m. - 10:30 a.m. and stops at different points around the city. Fresh produce such as peppers, spinach, onions, lemons, strawberries, peaches and much more is available at a reduced price.



The Farmer's Market on Wheels will be stop by the Cocopah Reservation Wednesday's at:

- 8:30 a.m. - Cocopah Wellness Center
- 9:00 a.m. - Cocopah Community Center

The Farmer's Market on Wheels will be open at each location for half an hour.

EDUCATION DEPARTMENT

Come join the summer fun with the JOM Program

JOM Applications are available: May 5 - June 11, 2015

First session

- Grades K-5: June 22-July 3, 2015

Second session

- Grades 6-12: July 13-24, 2015

At the Cocopah Community Center

8:00 a.m. - 2:00 p.m.



JOM

Johnson O'Malley Summer Program

Education Awards Banquet

June 18, 2015 • 6:00 - 8:00 p.m. • Cocopah RV & Golf Resort Ballroom

Parents, please submit all certificates and diplomas to the Education Department as soon as possible.

Certificates will be accepted until June 12, 2015.

Anything received later than the dateline of June 12, 2015 will be disbursed at a later date.



If you have any questions or concerns, please contact the Cocopah Education Department at (928) 627-4973.



EPO DEPARTMENT

Ways to Cut Summer Energy Bills

By Jack Soto – EPO Technical Assistant

As we know, summer months in this part of the region are hot and we often are faced with higher energy bills. In preparing for the heat, here are a few things to consider that may be helpful in addressing high costs in your energy usage.



Staying cool is one of the most important actions for all people who live in this area. Air conditioning use increases, which also causes bill amounts to rise. If you are thinking of ways to stay cool while keeping costs down, you might consider using fans to circulate cool air, which will moderate the indoor temperature. Additionally, hanging darker curtains and keeping shades closed during the hotter hours of the day can also help in decreasing energy usage. If most of the family is away for the day, turn the air conditioner up a little bit to lessen the use of energy instead of keeping your house Arctic cold while no one is home. Also, frequently changing the air conditioning filters will help to ensure efficient use of your unit.

Unplugging your electrical equipment, like your television, when not in use is also a helpful way to reduce power usage. If you are a forgetful person, installing a power strip to plug in your electronics is also another way to monitor energy use. You should also change to energy-efficient or fluorescent light bulbs, which use less energy and do not give off much radiant heat, indirectly keeping your living space cooler.

Cooking outside can also cut down on summer energy costs. You may want to grill more often or, perhaps, grill a large amount of food once a week that can be reheated in the microwave for later consumption. Another idea is to install a wood burning oven outside to bake bread and pastries.

Planting trees and large bushes around your house can also help manage some of your energy use during the summer. Additionally, adding more vegetation to your outside space can greatly reduce indoor dust and improve the air quality around your community. Mesquite, Palo Verde, Desert Willow and Cottonwood are all native trees to this area and grow well with minimal irrigation.

Ultimately, you should have your house assessed to learn more about how you can improve your energy usage to benefit your wallet. If you are willing and able, APS does offer a service, for a fee, that will have an energy-efficiency specialist come to your house to assess where you may want to think about making a few changes to conserve energy. You can find more information at <https://www.aps.com/en/residential/savemoneyandenergy/homecheckup/Pages/home.aspx>.

A few, small alterations to your living environment can greatly improve your energy conservation efforts, which can possibly save you some money in the end.

ELDERS LUNCH MENU JUNE 2015

Nutrition Program Lunches Provided Monday—Friday

Faye Ortega, Title VI/XX @ 627-1148

* Menu may be substituted due to shortages of needed items.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	1 Salisbury Steak Boiled Potatoes Green Beans	2 Turkey & Cheese Sandwich Potato chips	3 Chicken Fajitas Rice & Egg Roll Broccoli & Cauliflower	4 Bean w/ ham Soup Corn Bread	5 Hamburgers Lettuce, Tomatoes, Pickles Potato chips	6
7	8 Baked chicken Mashed Potatoes Mix Veggies	9 Ham & Cheese Sandwich Carrot & Celery Sticks Potato Chips	10 Meatball Soup Quesadillas	11 Am. Blend Salad Wheat crackers Ranch dressing	12 Chicken strips Bar-B-Q Sauce	13
14	15 Beef Macaroni Corn	16 Beef Bologna & Cheese Sandwich Macaroni salad	17 Bean burrito Rice Salsa	18 Chicken & Rice Soup Wheat Crackers	19 Chicken patties Tomatoes, Lettuce, Potato chips	20
21	22 Beef Stew Flour tortilla	23 Tuna salad Sandwich Potato Chips	24 Meatloaf Mashed potatoes Green beans	25 Chef salad Boiled egg Sliced ham Ranch dressing Wheat crackers	26 Hot dogs Pork & beans Potato chips	27
28	29 Spaghetti Corn	30 Roast beef Sandwich w/ Provolone cheese Vegetable soup		“Menu may be substituted due to shortage of needed items.”		

COCOPAH ELDERS CULTURAL



THE ECC MEETING FOR THE MONTH OF JUNE IS PENDING UNTIL FURTHER NOTICE.

WE APOLOGIZE IN ADVANCE FOR ANY INCONVENIENCE REGARDING THIS MATTER.

COCOPAH VOCATIONAL TRAINING CENTER

JUNE 2015

Training for Success



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	2 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	3 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	4 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	5 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	6
7	8 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	9 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	10 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	11 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	12 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	13
14	15 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	16 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	17 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	18 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	19 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	20
21	22 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	23 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	24 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	25 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	26 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	COCOPAH VOCATIONAL TRAINING CENTER 14515 S Veterans Drive Phone: 928.627.8026 Fax: 928.627.2510 E-mail: cococvt@cocopah.com
28	29 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	30 B.I.A., N.E.W. & W.I.A. Intakes by Appointment				



COCOPAH SPECIAL WISHES



"JACKPOT"

Happy Birthday to my Mother Carole Phillips

To the world you are a mom but to us you are the world.

Love you mom, have an excellent birthday and hit that Jackpot today enjoy your self .

Your daughter,
Deanna & Family

June 19th, "Wishing Benji Miller a very Happy Birthday. Enjoy your gifts & all the cake and ice cream you can have! Love ya!
Love, Koa & Family.



Happy Father's Day ...June 21st



June 26th, Happy Birthday Velda, Another year gone by, you're the best mom & grandma we could ever have! Enjoy your Coke Classic and rolled tacos on your day! From: Darryl, Jr., Jaden & Mya.

Happy Birthday to my son Ethian Thomas aka D.J Storm

In this busy world, son, time passes so quickly, and we can't see each other to talk, Share, and just be together as much as we want

But a day never goes by that you're not thought about with love, smiles, and happy memories. I am so very proud of you son. Keep doing you and make your dreams happen.

We love you .Have an amazing birthday .

Mom, Mike, GooGoo , Santana



Cocopah Newsletter Submission Form

The last day you can submit any information for the July issue is: **Friday, June 26, 2015 by 5:00 p.m.** Any late submissions will be added in the next month's newsletter. Community, Tribal departments and local events submissions are welcomed. We reserve the right to edit all submissions for length, language, multiple submissions, clarity or reject inappropriate submissions. You can complete this Submission Form which includes your name, date, and a contact phone number, email us or fax with all information.

Date: _____

Person placing the submission: _____ Phone # _____

Greeting: _____

COCOPAH TIMES NEWSLETTER
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