



# Cocopah Times Newsletter

COCOPAH INDIAN TRIBE

NOVEMBER 2015 ISSUE

## Tribal Phone Directory

ADAPP	627- 2161
Children's Home	627- 1298
Cocopah Casino	726- 8066
Cocopah Korner	341-1444
Cocopah Resort	722-6677
Cocopah Speedway	344-1563
Cocopah Wellness	627- 2681
Community Center	627- 5658
Cultural Resources	627- 4849
CVT	627- 8026
Daycare	627- 3729
Education	627- 4973
Elderly Program	627- 4166
EPO Director ext.13	627- 2025
EPO Tech ext15/16	627- 2025
Head Start	627-3197
Housing	627- 8863

### IHS 1(800) 862- 4911

Judicial	627- 2550
Museum	627- 1992
Manpower	627- 0616
Pesticide ext. 14	627- 2025
PHEP/CTERC ext.12	627-2025
Prosecutor ext. 17	627- 2025
Assistant ext. 18	627- 2025
Public Works	627- 0616
Purchasing ext.11	627- 2025
Assistant ext. 10	627- 2025
Resort Gift Shop	217-1068
Rio Colorado Golf	627- 0057
RV Park	343- 9300
Social Services	627- 3729
Title VI/XX	627- 1148
Tribal Gaming	217- 7718
Tribal Headquarters	627- 2102
Tribal Police	627- 8857
Wild River	627- 0980

*Wishing everyone a  
happy and safe start to  
the Holiday season*



*Happy  
Thanksgiving*

## **ANNOUNCEMENTS—PHN VACCINE CLINICS**

**NOW IS THE TIME TO CATCH UP ON ANY MISSED IMMUNIZATIONS! NO APPOINTMENT NECESSARY! WALK-INS WELCOMED!**

### **COCOPAH WELLNESS CENTER**

10/28/15            2PM--4PM  
11/25/15            2PM-4PM  
12/30/15            2PM-4PM

### **QUECHAN SENIOR CENTER**

11/3/15            11AM – 1PM

### **PHN OFFICE @ IHS**

11/3/15            2PM – 4 PM  
11/6/15            2PM – 4 PM  
11/10/15           2PM – 4PM  
11/17/15           2PM – 4PM  
11/24/15           2PM – 4PM  
11/27/15           1PM – 4PM  
12/8/15            2PM – 4PM  
12/11/15           2PM – 4PM  
12/15/15           2PM – 4PM  
12/22/15           2PM – 4PM  
12/29/15           2PM – 4PM

## Know Your Times to Immunize

Age of Child	Immunization
Birth to 2 weeks	Hep B
2 months	DTaP, IPV, Hib, Hep B, PCV, RV
4 months	DTaP, IPV, Hib, PCV, RV
6 months	DTaP, Hib, Hep B, PCV, RV
6 to 18 months	IPV
6 months to 18 years	Influenza (yearly)
12 to 15 months	MMR, Hib, Varcella, PCV
12 to 18 months	DTaP, Hep A
18 to 36 months	Hep A
4 to 6 years	DTaP, IPV, MMR, Varcella



## ANNOUNCEMENTS



**COCOPAH  
PUBLIC WORKS  
DEPARTMENT**

14515 S. Veterans Dr.  
SOMERTON, AZ 85350  
PHONE (928) 627-0616  
FAX (928) 627-3173

### ATTENTION COMMUNITY MEMBERS

The Public Works Department will be picking up trash on the following days:

**Wednesday**

**11-25-15**

There will be **NO** trash pick up on:

**Friday**

**11-27-15**

In observance of  
**Thanksgiving Day**

### **Choose to Live Healthy**

The Regional Center for Border Health is helping Somerton and Cocopah communities make healthy choices by bringing fresh fruit and vegetables to the neighborhood. The RCBH Farmer's Market on Wheels operates Monday to Friday and stops at different points around the city. Fresh produce such as peppers, spinach, onions, lemons, strawberries, peaches and much more are available at a reduced price.

The Farmer's Market on Wheels will be stopping by the Cocopah Reservation on Wednesdays at:

- 10:45am - Cocopah Indian Tribe Wellness Center
- 11:15am - Cocopah Indian Tribe Community Center

The Farmer's Market on Wheels will be open at each location for half an hour.



## ANNOUNCEMENTS

# Check it Out!



### **Cocopah Language Classes** **Beginners Level Class - Basic** **& Vocabulary taught**

Cocopah language classes will continue  
throughout the months of November &  
December 2015

EVERY MONDAY AND WEDNESDAY FROM 5:00 -6:00 PM  
AT THE COMMUNITY CENTER

***Note\* "New Hours for Children's classes, starting Wednesday,  
November 18, 2015!" Classes will begin at 3:20 pm.***

For more information, contact: 928-722-7523





## COCOPAH ELDERS CULTURAL MEETING



### ECC Meeting and Thanksgiving Feast will be on November 24th at 10:00am

Open to all Cocopah Elders 55+

Please be advised, this will serve as  
your notice for the meeting.

Any questions please call:

(928) 627-1992

## COCOPAH VOCATIONAL TRAINING CENTER

### November 2015 Training for Success

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	3 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	4 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	5 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	6 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	7
8	9 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	10 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	11 VETERANS DAY	12 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	13 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	14
15	16 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	17 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	18 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	19 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	20 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	21
22	23 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	24 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	25 B.I.A., N.E.W. & W.I.A. Intakes by Appointment	26 THANKS- GIVING DAY	27 DAY AFTER THANKS- GIVING	28
29	30 B.I.A., N.E.W. & W.I.A. Intakes by Appointment			14515 S. Veterans Drive Phone: 928-627-8026 Fax: 928-627-2510 E-mail: johnsonss@cocopah.com		

## ELDERS LUNCH MENU NOVEMBER 2015

Nutrition Program Lunches Provided Monday—Friday

Faye Ortega, Title VI/XX @ 627-1148

\* Menu may be substituted due to shortages of needed items.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	2 Salisbury Steak Boiled Potatoes Corn	3 Scrambled Eggs Ham Fl. Tortilla	4 Beef Fajitas Potatoes Diced Carrots	5 Gr. Beef Macaroni Gr. Beans	6 Corn Dogs Pork n Beans Potato Chips	7
8	9 Baked Chicken M. Potatoes Corn	10 Ham Steaks M. Potatoes	11 <u>Veterans Day</u>	12 Muffin Egg & Sausage	13 Hamburgers Tomatoes & Lettuce Potato Chips	14
15	16 Au Gratin Potato W. Sliced Ham Gr. Beans	17 Egg & Potato Burrito	18 Hot Dogs Pork n Beans Potato Chips	19 Turkey M. Potatoes Cranberry, Salad Pumpkin Pies	20 Am. Blend Salad w. sliced ham Wheat Crackers	21
22	23 Spaghetti and Meatballs Gr. Beans	24 Chorizo & Egg Burrito	25 Chicken Tenders w/ Salad	26 <u>Thanksgiving Day</u>	27 <u>Day After Thanksgiving (Off)</u>	28
29	30 Macaroni Gr. Beef Corn					

## ANNOUNCEMENTS



# THANK YOU

The Cocopah Museum would like to thank the Council, Elders, Cocopah Departments, Enterprises, Volunteers and Visitors who helped plan, execute, and attend the 19th Annual Cocopah Cultural Celebration.



## ANNOUNCEMENTS

YOU DID IT!  
*Congratulations*



### Sarena Shining Star San Diego

You met the challenge with determination, strength, and total confidence!

Congratulations!

### For Obtaining your GED

Cocopah Indian Tribe

Cocopah Vocational Training Center Staff

#### ADAPP NEWS

“Respect yourself, be drug free” is the theme for this year’s Red Ribbon campaign across the country and Cocopah ADAPP promoted this campaign with a Red Ribbon Day Fun Run/Walk held on October 24th, 2015 from 9:00 a.m. to 1:00 p.m. at Steamboat Park on the West Cocopah Reservation. We had approximately 105 participants who either ran or walked around the park with many walking more than once around. Each participant received a backpack with ADAPP promotional items inside them. A soda drinking contest was held for the young kids, teens, and adults. The top two winners received a prize for each round. This contest was handled by Samantha Twist (Miss Cocopah) and sister Elizabeth. The Border Patrol also participated with an informational booth and involving some of the kids with various physical activities.

The noon menu consisted of hamburgers, hot dogs, potato salad, chili beans, chips, punch and cake. A big “thank you” to the Cocopah Casino for donating a full size cake for our enjoyment, and to staff Woodrow Phillips for grilling all the food.

We thank all who participated, those who helped with the load, unloading of supplies, tables and chairs set ups, decorations, preparations of food, food servers, run/walk coordinators, game coordinators, backpack distribution, blessing of the food, and clean up.

Thank you volunteers: Samantha Twist, Elizabeth Twist, Wanda Twist, Nick Burns, Jorey Burns, Mallory Miller, Tashina Miller, Novick Barley, Cristina Solano, Genesis Silva, Isaiah Silva, Mikaela Tello, Taleena Garcia, Liam Thompson, Nanette Palone, Paula Koolick, Miguel Herrera and Reginald Phillips. We appreciate all your helping hands in making this day into a great day! THANK YOU ALL!

From ADAPP Staff: Perry Thompson, Neil White, Adrian Negrete, Diane Twist, and Woodrow Phillips



**Cocopah Indian Tribe**  
**Cocopah Vocational Training Center**

*Out of School?*  
**CVT Can Help!!!**

*Are you:*

Between the ages of 16-24? Looking for Education?

Join the WIOA (Workforce Innovation and Opportunity Act)  
 Program Out of School Youth Program

*Eligible Youth will receive:*

Enrollment in GED Program or Assistance in  
 getting back to High School, Incentives, Support Services, Guidance Counseling

Please contact Sandy L. Johnson or Diana A. Navarro to schedule your appointment at (928)  
 627-8026.

Equal Employment Opportunity Employer/Program. Auxiliary aids and services are available upon request to  
 individuals with disabilities. TTY #(928) 329-6466

**Unemployed? Need training or a job?**

- Are you unemployed due to a layoff or plant closure?
- Receiving Unemployment Benefits or have exhausted your benefits?
- Did you receive a letter of layoff?
- Are you a stay at home male or female taking care of the family and now your spouse has lost their job, become disabled, divorced or legal separation, or death of spouse?
- Do you need Training to succeed in today's labor market?

If you answered **YES** to any of these questions, you may be eligible for the WIOA Dislocated Worker program. A representative will be on site Wednesday, Nov. 4<sup>th</sup> from 1-4pm at the Cocopah Vocational Training Building. For more information, contact your local representative: (928) 627-8026 or (602) 550-3556.

Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request to individuals with disabilities. TTY: 7-1-1

# COCOPAH SPECIAL WISHES

Happy Birthday Art! May the Cardinals always rule the field.

Happy Birthday wishes to Richard White Sr., we hope you have a great day. From the Museum staff.



Wishing Diane Twist a very Happy Birthday from all the Staff at the Cocopah Museum

November 6th, 2015: Happy Birthday Twins Cameron & Corithian Barley. Have a wonderful day! Love you both, Auntie, Deena, and Family.

Congratulations to the Kwapa Shinny Team who took First Place at the Shinny Tournament at Fort Mojave!



Happy Birthday MY LOVE Wishing you lots of hugs & kisses. ♥ u, only me.

## Cocopah Newsletter Submission Form

The last day you can submit any information for the December Issue is: **Friday, November 27, 2015 by 5:00 p.m.** Any late submissions will be added in the next month's newsletter. Community, Tribal departments and local events submissions are welcomed. We reserve the right to edit all submissions for length, language, multiple submissions, clarity or reject inappropriate submissions. You can complete this Submission Form which includes your name, date, and a contact phone number. Please fax or email us (museum@cocopah.com) with all information

Date: \_\_\_\_\_

Person Placing Submission: \_\_\_\_\_

Phone/Message Number: \_\_\_\_\_

Message: \_\_\_\_\_

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\_\_\_\_\_

\_\_\_\_\_

**COCOPAH TIMES NEWSLETTER**  
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Somerton AZ 85350  
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